

Curriculum vitae



Dr. Koshy Nithin Thomas
Assistant Professor (Contractual)
Clinical Immunology and Rheumatology
SGPGIMS, Lucknow

Dr. Koshy Nithin Thomas

After having done my undergraduate medical training and residency in general medicine at resource limited and patient care centred government medical colleges, I was fortunate to enter a specialty training program where I was introduced to the fascinating world of basic sciences and laboratory sciences in balance with patient care at SGPGIMS, Lucknow. During my DM training I have worked on clinical and radiological aspects of Reactive arthritis and have done laboratory work in fibromyalgia as part of my projects. At present I am continuing in the Department of Clinical Immunology and Rheumatology at SGPGIMS where I hope to build on my clinical as well as my laboratory immunology knowledge to do justice to this group of patients as I progress in my career.

Professional qualifications and experience

MBBS – Government medical college, Kottayam

MD (General Medicine) – Government medical college, Kozhikode

Senior Residency (General Medicine) – Government medical college, Kozhikode

DNB (General Medicine) – National board of examination, Delhi

DM (Clinical Immunology) – SGPGIMS, Lucknow

Assistant Professor (Contractual) – SGPGIMS, Lucknow

Awards and honours

Gold Medal (Department of Neurology, Kozhikode) for best MD medicine resident in Neurology

IRA research grant for 2019 – MEFV mutations and polymorphisms as contributors to inflammation amplifier loop in Reactive Arthritis

Publications

1. Thomas KN, Ganguly S, Misra DP, Misra R, Gupta L. Thionamide-Induced Myositis: Report of a Case and Systematic Review of Literature. **J Clin Rheumatol.** 2020 Jan 15. doi: 10.1097/RHU.0000000000001282. Epub ahead of print. PMID: 31972740

2. Thomas KN, Sahu C, Aggarwal A. Ralstoniamannitolilytica bacteraemia and gastroenteritis in a patient with rheumatoid arthritis: an emerging nosocomial infection.

Rheumatology (Oxford). 2021 Jun 18;60(6):e195-e196. doi:

10.1093/rheumatology/keaa830. PMID: 33294929.

3. Thomas K, Anuja A, Gupta L. Clinical profile of adults and children with reactive arthritis in India – A cohort study. **Indian J Rheumatol.** 2020; 15:304-9

4. Misra, D.P., Thomas, K.N., Gasparyan, A.Y. *et al.* Mechanisms of thrombosis in ANCA-associated vasculitis. **ClinRheumatol** (2021). <https://doi.org/10.1007/s10067-021-05790-9>

5. Thomas KN, Jain N, Mohindra N, Misra DP, Agarwal V, Gupta L. MRI and sonography of the knee in Acute Reactive Arthritis: an observational cohort study. **J ClinRheumatol.**2021 Sep 17. doi: 10.1097/RHU.0000000000001785. Epub ahead of print. PMID: 34538845.